

LARGE POOL SCHEDULE

October – November 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
5:00-9:00AM	Lap Swim (Lanes 1-5) Rec Swim (Lane 6)	Lap Swim (Lanes 1-5) Rec Swim (Lane 6)	Lap Swim (Lanes 1-5) Rec Swim (Lane 6)	Lap Swim (Lanes 1-5) Rec Swim (Lane 6)	Lap Swim (Lanes 1-5) Rec Swim (Lane 6)	 SATURDAY 7:00AM-3:30PM Lap Swim (Lanes 1-5) Rec Swim (Lane 6)
9:15-10:00 AM Water Classes	Cardio & Strength (Lynda)	--	Bootcamp (Lynda)	Deep Water (Lynda)	Cardio & Strength (Lynda)	
10:00-11:00 AM Water Classes	--	--	Water Arthritis (Deb)	--	--	
10:00AM -1:00PM	Lap Swim (Lanes 1-5) Rec Swim (Lane 6)	Lap Swim (Lanes 1-5) Rec Swim (Lane 6)	Lap Swim (Lanes 1-5) Rec Swim (Lane 6)	Lap Swim (Lanes 1-5) Rec Swim (Lane 6)	Lap Swim (Lanes 1-5) Rec Swim (Lane 6)	SUNDAY 12:00-3:30 PM Lap Swim (Lanes 1-5) Rec Swim (Lane 6) Aqua Zumba 2:00-3:00 (Brenda)
CLOSED 1:00-3:30 PM (CLEANING)						
3:30-5:30 PM	Lap Swim (Lanes 1-5) Rec Swim (Lane 6)	Lap Swim (Lanes 1-5) Rec Swim (Lane 6)	Lap Swim (Lanes 1-5) Rec Swim (Lane 6)	Lap Swim (Lanes 1-5) Rec Swim (Lane 6)	Lap Swim (Lanes 1-5) Rec Swim (Lane 6)	
5:00-7:00 PM Swim lessons (Oct. 19 – Nov. 5)	Swim Lessons (Lane 6 reserved)	Swim Lessons (Lane 6 reserved)	Swim Lessons (Lane 6 reserved)	Swim Lessons (Lane 6 reserved)	---	
5:00-8:30 PM  Swim Team (Begins October 12 th)	Swim Team (Lanes 1-4) Lap Swim (Lane 5) Rec Swim (Lane 6)	Swim Team (Lanes 1-4) Lap Swim (Lane 5) Rec Swim (Lane 6)	Swim Team (Lanes 1-4) Lap Swim (Lane 5) Rec Swim (Lane 6)	Swim Team (Lanes 1-4) Lap Swim (Lane 5) Rec Swim (Lane 6)	Swim Team (Lanes 1-4) Lap Swim (Lane 5) Rec Swim (Lane 6)	
Closing Times:	7:30pm	7:30pm	7:30pm	7:30pm	6:30pm	
Notes: <ul style="list-style-type: none"> - Ideally 2 people swimming per lane & 2 people in the spa at a time. - Lane 6 is always open for rec swim – water walking, water weights, families, etc. - Lane 5 can be used for rec swim if lane 6 is full. If lane 6 opens up and there are people waiting to swim laps, please move over. - The pool closes half an hour earlier than the Y closes. - The spa is open when the pool is open. You can use the spa when there are water classes going on. Program Schedules: <ul style="list-style-type: none"> • Jr. Swim Team October 12th – March 31st • Swim Lessons October 19th – November 5th 5:00-7:10pm Mondays & Wednesdays – Tuesdays & Thursdays Facility Closures: <ul style="list-style-type: none"> • 						