



Family YMCA of Black Hawk County

Y Kids Quest at Home

Infant - Toddler

Weekly Theme: Passport Around the World!

Age Range: Infant - Toddler

Overview: Welcome to Passport Around the world! Come explore with us as we learn about holidays and people around the world!

If you need assistance with supplies and resources for creative learning for the kid(s) in your home, we want to help.

[Click here](#) to learn about our Kids Quest financial assistance program.

Day 1

Theme Kick-Off: What is culture? (literacy; online video)

- Watch a nursery rhyme about diversity [here](#) and about how people say hello around the world found [here](#).

Passport To: Africa! (Sensory Play)

Form Your Own Mask: Playdough

- Use store bought or homemade playdough
- Work on pointing out the parts of the face (eyes, mouth, nose)
- Show different expressions and shapes!



DAY 2

Passport To: Mexico! (sensory, music)

Sensory Toys: Maracas

- Visit [here](#) to make homemade maraca sensory toys!
- Gather supplies such as containers, spoons, tape, beans, and popcorn.
- You can play different songs and shake your maracas too!

DAY 3

Virtual Museum Tour (history)

- Human culture has been around for thousands of years!
- To find out more about our history and traditions of the past, visit this [interactive timeline](#) from The British Museum, London.
- To take a virtual tour of the museum go [here](#).

DAY 4 - This week's Kids Challenge!

Passport To: China!

Chinese New Year Lanterns (visual art; drawing)

- Follow the instructions [here](#) to make your very own Chinese lantern!
- Decorate it with crayons or markers and other supplies you have at home.
- Make as many as you would like and string them together for a cool decoration!
- Use this [link](#) if you would like to learn more about Chinese New Year traditions!



DAY 5 – This week’s Family Activity!

Cultural Cuisine

- After learning about a variety of cultures and traditions from around the world, plan a traditional meal with your family!
- Use this [interactive world map](#) to find easy recipes and meal ideas from different places.
- Prepare and eat your ethnic cuisine!
- How is this food is different from what you eat?
- Where in the world is your recipe from?
- What was your favorite part of the meal?
- This is a great activity for the whole family!



WEEKLY THEME BOOKS (available through Epic)

Information: Parents/guardians may go to [this website](#) and access over 40,000 titles for free during a 30-day free trial available due to the COVID-19 pandemic!

Book Title (linked to Epic)	Approximate Ages
What Does it Mean to be Global?	Early Education
The Year of the Sheep	Early Education
Kuku and Mwewe	Early Education

KIDS CHALLENGE - Participate to Win!

Get ready to cut and draw as you create your own Chinese lanterns from home! You can complete your lanterns using any art and craft supplies you have on hand! Complete **Your Chinese lantern** as one of many ways to showcase what you have learned about the Chinese New Year (Day 4). Learn more about cultures and celebrations right from home!

Participating will also enter your child(ren) to win in a variety of ways:

- Earn a Kids Challenge Badge for this week.
- Earn one entry into our Y Kids Quest raffle to win Y gear and Y Bucks (to use for membership and/or programs).

If your child(ren) completes each challenge and posts every week and get entered to win a Year-Long Youth Membership (a \$190 value, and even more as it provides a discount for programs all year).



Please post a picture of your Chinese lantern with a description to our weekly Y Kids Quest Facebook post (available starting Thursdays at 5pm – post anytime from then through Saturday at 12pm). Participate by posting, earn our themed badges, and be entered to win some cool Y prizes. We look forward to seeing your entries!

FAMILY ACTIVITY - Participate to Win!

Cultural Cuisine

- Make a traditional meal from somewhere in the world!
- Where does your meal come from?
- Share a picture of your meal or a picture of your family eating together!

Participating means your family will:

- Earn a Family Activity Badge for this week.
- Earn one entry into our Y Kids Quest raffle to win Y gear and Y Bucks (to use for membership and/or programs).

If your family completes each activity and posts every week and get entered to win a Year-Long Family Membership (a \$690 value, and even more as it provides a discount for programs all year).



Please make sure to post a picture or share about your family's experience making your meal, to our weekly Y Kids Quest Facebook post (available starting Thursdays at 5pm – post anytime from then through Saturday at 12pm). Participate by posting, earn our themed badges, and be entered to win some cool Y prizes. We look forward to seeing your entries!