



Family YMCA of Black Hawk County

Y Kids Quest at Home

Grades 1st - 5th

Weekly Theme: Passport Around the World!

Age Range: Grades 1st - 5th

Overview: Welcome to Passport Around the world! Come explore with us as we learn about holidays and people around the world!

If you need assistance with supplies and resources for creative learning for the kid(s) in your home, we want to help.

[Click here](#) to learn about our Kids Quest financial assistance program.

Day 1

Theme Kick-Off: What is culture? (literacy; online video)

- Watch a video introduction about culture [found here](#) and a read along video about holidays and celebrations around the world [found here](#).

Passport To: Africa!

Make A Classic African Game! Play Mancala

- Visit [here](#) to make your own Mancala game with an egg carton!
- Mancala is a fun African game you can play with beads, pebbles, beans, or other items as game pieces.
- Play with your friends and family or try a tournament to see who can win the most times in a row!



DAY 2

Passport To: Mexico!

Dia de los Muertos: Celebrating the Day of the Dead (literacy)

- Visit [here](#) to learn about the Latin American holiday, Dia de los Muertos!
- Who celebrates The Day of The Dead?
- What foods and treats do they make?
- Why do they celebrate it?
- What instruments were they using to make music?



*Set up a free account at getepic.com to access this video, as well as 40,000 other children's books and videos. See additional recommended books for this week's theme below.

How To: Paper Plate Maracas (visual arts)

- Visit [here](#) to learn about creating your own paper plate maraca.
- Paint two paper plates eating side down.
- Once paint is dry fill one paper plate with dried beans, popcorn, or anything that will make noise.
- Glue the paper plates together, and you're done!



DAY 3

Virtual Museum Tour (history)

- Human culture has been around for thousands of years!
- To find out more about our history and traditions of the past, visit this [interactive timeline](#) from The British Museum, London.
- To take a virtual tour of the museum go [here](#).

DAY 4 - This week's Kids Challenge!

Passport To: China!

Chinese New Year Lanterns (visual art; drawing)

- Follow the instructions [here](#) to make your very own Chinese lantern!
- Decorate it with crayons or markers and other supplies you have at home.
- Make as many as you would like and string them together for a cool decoration!
- Use this [link](#) if you would like to learn more about Chinese New Year traditions!



DAY 5 – This week's Family Activity!

Cultural Cuisine

- After learning about a variety of cultures and traditions from around the world, plan a traditional meal with your family!
- Use this [interactive world map](#) to find easy recipes and meal ideas from different places.
- Prepare and eat your ethnic cuisine!
- How is this food different from what you eat?
- Where in the world is your recipe from?
- What was your favorite part of the meal?
- This is a great activity for the whole family!



WEEKLY THEME BOOKS (available through Epic)

Information: Parents/guardians may go to [this website](#) and access over 40,000 titles for free during a 30-day free trial available due to the COVID-19 pandemic!

Book Title (linked to Epic)	Approximate Ages
Cinco De Mouse-O!	Early Elementary
The Year of the Dragon	Early Elementary
Holidays Around the World	Early Elementary
Chelsea's Chinese New Year	Middle Elementary
Let's Celebrate : Special Days Around The World	Middle Elementary
Food Around the World	Middle Elementary
Popo's Lucky Chinese New Year	Upper Elementary
Families Around the World	Upper Elementary
Maria Molina and the Day of the Dead	Upper Elementary

KIDS CHALLENGE - Participate to Win!

Get ready to cut and draw as you create your own Chinese lanterns from home! You can complete your lanterns using any art and craft supplies you have on hand! Complete **Your Chinese lantern** as one of many ways to showcase what you have learned about the Chinese New Year (Day 4). Learn more about cultures and celebrations right from home!

Participating will also enter your child(ren) to win in a variety of ways:

- Earn a Kids Challenge Badge for this week.
- Earn one entry into our Y Kids Quest raffle to win Y gear and Y Bucks (to use for membership and/or programs).

If your child(ren) completes each challenge and posts every week and get entered to win a Year-Long Youth Membership (a \$190 value, and even more as it provides a discount for programs all year).



Please post a picture of your Chinese lantern with a description to our weekly Y Kids Quest Facebook post (available starting Thursdays at 5pm – post anytime from then through Saturday at 12pm). Participate by posting, earn our themed badges, and be entered to win some cool Y prizes. We look forward to seeing your entries!

FAMILY ACTIVITY - Participate to Win!

Cultural Cuisine

- Make a traditional meal from somewhere in the world!
- Where does your meal come from?
- Share a picture of your meal or a picture of your family eating together!

Participating means your family will:

- Earn a Family Activity Badge for this week.
- Earn one entry into our Y Kids Quest raffle to win Y gear and Y Bucks (to use for membership and/or programs).

If your family completes each activity and posts every week and get entered to win a Year-Long Family Membership (a \$690 value, and even more as it provides a discount for programs all year).



Please make sure to post a picture or share about your family's experience making your meal, to our weekly Y Kids Quest Facebook post (available starting Thursdays at 5pm – post anytime from then through Saturday at 12pm). Participate by posting, earn our themed badges, and be entered to win some cool Y prizes. We look forward to seeing your entries!