



Family YMCA of Black Hawk County

Y Kids Quest at Home

Grades Infant - Toddler

Weekly Theme: A Week Of The Arts

Age Range: Grades Infant – Toddler

Overview: Welcome to A Week Of The Arts! Come explore with us as we learn about visual art and the elements of art!

If you need assistance with supplies and resources for creative learning for the kid(s) in your home, we want to help. [Click here](#) to learn about our Kids Quest financial assistance

Day 1

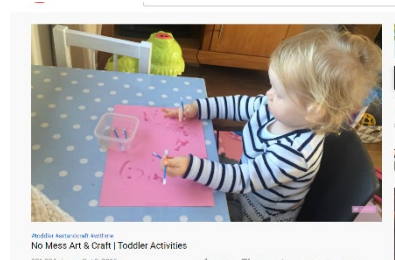
Theme Kick-Off: A Week Of The Arts (literacy; online video)

- Watch a video about the artist song nursery rhyme [found here](#) and the painting and drawing song [found here](#).

Toddler Art Activities: No Mess (visual art)

[Visit here](#) to complete a variety of art activities!

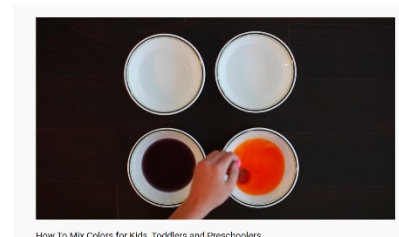
- What was your favorite activity?
- What was your least favorite activity?
- Were there any art activities you found difficult?
- What is your favorite art activity to complete?



DAY 2

Mixing Colors (visual arts)

- Visit [YouTube](#) to learn about mixing colors!
- What colors can you make?
- What colors were easy to make?
- What colors were hard to make?
- What items can you paint with your mixed colors?
- What is your favorite thing to paint?



How To: Rainbow Toast (visual arts; painting)

- [Visit here](#) to learn about painting a piece of toast!
- Start out by grabbing bread, milk, food coloring, and some paint brushes!
- Mix your paint and begin to create!
- Eat your rainbow toast after you have finished your creation!

DAY 3

Special Guest: Y Kids Quest Special With Lauren and Friends from the YMCA!

- Join us Wednesday, May 13th at 11am through our Facebook page (blackhawkymca) for a live event featuring special guest, Y staff Lauren and some of her friends!
- Lauren and her friends will share about their favorite art project and how to do it right at home!

DAY 4 - This Week's Kids Challenge!

Self Portrait (visual art; drawing)

- Check out [this video](#) about how to draw a self-portrait!
- Grab a picture of yourself and begin to draw!
- Do more research to find out more tips about creating a self-portrait!
- Take a picture of your self-portrait that you completed and share about it in our Y Kids Quest Facebook post (see below).

DAY 5 – This Week's Family Activity!

Group Art Project (visual art, team building)

- After learning about visual art and the elements of art, create a masterpiece as a family!
- Gather any art supplies you have and decide how each family member can contribute!
- What art piece did you make?
- What was your favorite part of creating your art?
- Great for the whole family to do together!

WEEKLY THEME BOOKS (available through Epic)

Information: Parents/guardians may go to [this website](#) and access over 40,000 titles for free during a 30-day free trial available due to the COVID-19 pandemic!

Book Title (linked to Epic)	Approximate Ages
Lee Paints a Picture: A Book about Colors	Early Education
Vincent Paints a House	Early Education
Full Color	Early Education
When Molly Drew Dogs	Early Education
Andrew Draws	Early Education
Masterpiece Mix	Early Education

KIDS CHALLENGE - Participate to Win!

Get ready to draw as you complete a self-portrait right from home! You can complete your self-portrait with some color using crayons, markers, or whatever you have on

hand! Complete the **Self-Portrait Challenge** as one of many ways to showcase your artistic abilities (Day 4). Learn about becoming an artist right from home!

Participating will also enter your child(ren) to win in a variety of ways:

- Earn a Kids Challenge Badge for this week.
- Earn one entry into our Y Kids Quest raffle to win Y gear and Y Bucks (to use for membership and/or programs).

If your child(ren) completes each challenge and posts every week and get entered to win a Year-Long Youth Membership (a \$190 value, and even more as it provides a discount for programs all year).



Please post a picture of your self-portrait with a description to our weekly Y Kids Quest Facebook post (available starting Thursdays at 5pm – post anytime from then through Saturday at 12pm). Participate by posting, earn our themed badges, and be entered to win some cool Y prizes. We look forward to seeing your entries!

FAMILY ACTIVITY - Participate to Win!

Group Art Project

- Gather art and craft supplies around the house and head to a space where you can start creating!
- Make sure family members help create a masterpiece whether it is painting, drawing, gluing, coloring, or more!

Participating means your family will:

- Earn a Family Activity Badge for this week.
- Earn one entry into our Y Kids Quest raffle to win Y gear and Y Bucks (to use for membership and/or programs).

If your family completes each activity and posts every week and get entered to win a Year-Long Family Membership (a \$690 value, and even more as it provides a discount for programs all year).



Please make sure to post a picture or share about your family's group art project, to our weekly Y Kids Quest Facebook post (available starting Thursdays at 5pm – post anytime from then through Saturday at 12pm). Participate by posting, earn our themed badges, and be entered to win some cool Y prizes. We look forward to seeing your entries!