



# Family YMCA of Black Hawk County

## Y Kids Quest at Home

### Grades 1<sup>st</sup> - 5<sup>th</sup>

## Weekly Theme: A Week Of The Arts

Age Range: Grades 1<sup>st</sup> - 5<sup>th</sup>

**Overview:** Welcome to A Week Of The Arts! Come explore with us as we learn about visual art and the elements of art!

If you need assistance with supplies and resources for creative learning for the kid(s) in your home, we want to help.

[Click here](#) to learn about our Kids Quest financial assistance program.

### Day 1

**Theme Kick-Off: A Week Of The Arts** (literacy; online video)

- Watch a video introduction about what art is and who can create art [found here](#) and about the seven art elements [found here](#).

**How To: Draw A Hot Air Balloon With A Puppy Inside** (visual art; drawing)

[Visit here](#) to complete a drawing from home!

- What was your favorite part of this drawing?
- What was your least favorite part of this drawing?
- Were there any steps that were difficult?
- What is your favorite thing to draw?

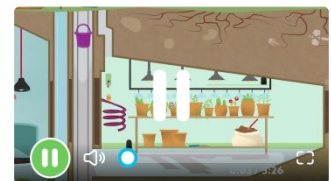


### DAY 2

**SciShow Kids: Mixing Colors** (visual arts; painting)

- Visit [Get Epic](#) to learn about mixing paint colors!
- What colors can you make?
- What colors were easy to make?
- What colors were hard to make?
- What items can you paint with your mixed colors?
- What is your favorite thing to paint?

SciShow Kids: Mixing Colors!



\*Set up a free account at [getepic.com](#) to access this video, as well as 40,000 other children's books and videos. See additional recommended books for this week's theme below.

**How To: Paint With Watercolors** (visual arts; watercolor painting)

- [Visit here](#) to learn about painting a fall leaf!
- Start out by drawing any leaf that you like!
- Gather your paint, water, and paint brushes to start filling in your leaf!
- What did you like about painting your leaf? Did you mix colors to paint your leaf?

### DAY 3

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#### Special Guest: Y Kids Quest Special With Lauren and Friends from the YMCA!

- Join us Wednesday, May 13<sup>th</sup> at 11am through our Facebook page (blackhawkymca) for a live event featuring special guest, Y staff Lauren and some of her friends!
- Lauren and her friends will share about their favorite art project and how to do it right at home!

### DAY 4 - This week's Kids Challenge!

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#### Self Portrait (visual art; drawing)

- Check out [this video](#) about how to draw a self-portrait!
- Grab a picture of yourself and begin to draw!
- Do more research to find out more tips about creating a self-portrait!
- Take a picture of your self-portrait that you completed and share about it in our Y Kids Quest Facebook post (see below).

### DAY 5 – This week's Family Activity!

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#### Group Art Project (visual art, team building)

- After learning about visual art and the elements of art, create a masterpiece as a family!
- Gather any art supplies you have and decide how each family member can contribute!
- What art piece did you make?
- What was your favorite part of creating your art?
- Great for the whole family to do together!

### WEEKLY THEME BOOKS (available through Epic)

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Information: Parents/guardians may go to [this website](#) and access over 40,000 titles for free during a 30-day free trial available due to the COVID-19 pandemic!

Book Title (linked to Epic)	Approximate Ages
<a href="#">What Is Color?</a>	Early Elementary
<a href="#">Niko Draws A Feeling</a>	Early Elementary
<a href="#">The Artist And Me</a>	Early Elementary
<a href="#">How Is It Made? Crayons</a>	Middle Elementary
<a href="#">Draw Funny Faces</a>	Middle Elementary
<a href="#">The Dot</a>	Middle Elementary
<a href="#">The Missing Mola Lisa: Case #1</a>	Upper Elementary
<a href="#">Craft and Design 3-D</a>	Upper Elementary
<a href="#">I Want To Draw Dogs</a>	Upper Elementary

## **KIDS CHALLENGE - Participate to Win!**

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Get ready to draw as you complete a self-portrait right from home! You can complete your self-portrait with some color using crayons, markers, or whatever you have on hand! Complete the **Self-Portrait Challenge** as one of many ways to showcase your artistic abilities (Day 4). Learn about becoming an artist right from home!

Participating will also enter your child(ren) to win in a variety of ways:

- Earn a Kids Challenge Badge for this week.
- Earn one entry into our Y Kids Quest raffle to win Y gear and Y Bucks (to use for membership and/or programs).

If your child(ren) completes each challenge and posts every week and get entered to win a Year-Long Youth Membership (a \$190 value, and even more as it provides a discount for programs all year).



**Please post a picture of your self-portrait with a description to our weekly Y Kids Quest Facebook post (available starting Thursdays at 5pm – post anytime from then through Saturday at 12pm). Participate by posting, earn our themed badges, and be entered to win some cool Y prizes. We look forward to seeing your entries!**

## **FAMILY ACTIVITY - Participate to Win!**

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### **Group Art Project**

- Gather art and craft supplies around the house and head to a space where you can start creating!
- Make sure family members help create a masterpiece whether it is painting, drawing, gluing, coloring, or more!

Participating means your family will:

- Earn a Family Activity Badge for this week.
- Earn one entry into our Y Kids Quest raffle to win Y gear and Y Bucks (to use for membership and/or programs).

If your family completes each activity and posts every week and get entered to win a Year-Long Family Membership (a \$690 value, and even more as it provides a discount for programs all year).



**Please make sure to post a picture or share about your family's group art project, to our weekly Y Kids Quest Facebook post (available starting Thursdays at 5pm – post anytime from then through Saturday at 12pm). Participate by posting, earn our themed badges, and be entered to win some cool Y prizes. We look forward to seeing your entries!**